

Movement as Medicine

Presented by Erica Hornthal, MA, LCPC, BC-DMT
Chicago Dance Therapy, North Shore Dance Therapy, Inc.

By attending this interesting and fun program, you will learn how to define movement and create a new working definition, gain understanding of the importance of movement therapy, and experience movement exercises for self-care and interventions that may be shared with other professionals and their clients.

Thursday, November 14, 2019

4:30pm – 5:00pm Registration Sign-in and Networking

5:00pm – 6:00pm Presentation

Appetizers and Refreshments will be served



**2300 IL ROUTE 53
LONG GROVE, IL 60047**

A \$5.00 fee* is requested from all professionals in the field of aging prior to the date of the event. An invoice will be emailed after registration. Please make checks payable to Elderwerks Educational Services, a 501C3 not-for-profit corporation and mail to PO box 92, Cary, IL 60013. To pay by credit card, please follow the link included in the invoice to pay online.

To Register, please [email events@elderwerks.com](mailto:events@elderwerks.com) or call 847-462-0885

This program awards 1.0 CE credit to Illinois nurses, professional counselors and social workers.
License number required.

