## THE IMPACT OF SOCIAL ISOLATION ONE IS THE LONELIEST NUMBER

A WEBINAR PRESENTATION BY

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The social isolation brought on by the COVID-19 pandemic can cause devastating outcomes especially to the brain. Join Chris as she navigates through the ways that the isolation has affected us physically, cognitively, and mentally. She will cover how loneliness and isolation differ and provide strategies to combat loneliness.

## THURSDAY, DECEMBER 10, 2020 12:00 PM to 1:00 PM ~ Webinar Presentation

For **\$5.00**\* – **1.0 CE Credit** will be awarded to Illinois nurses, social workers, professional counselors, and nursing home administrators. Payment may be made at registration. To pay by check, please make checks payable to Elderwerks Educational Services, a 501C3 notfor-profit corporation and mail to 251 E. Northwest Hwy, Palatine, IL 60067.

\***NO FEE** for Consumers/Community Members and those not needing CE credit or certificate. Please join us for this important topic! Reservations are required.



## 847-462-0885 Events@Elderwerks.org

Webinar access information will be emailed after registration and prior to the date of the event.

. A. Senior Living



