

BENEFITS OF LAUGHTER

**By Chris Petrik, RN, BS, CDP, Certified Dementia Educator
Training Specialist, Elderwerks Educational Services**

Join Chris for this fun presentation on the best form of expression. She will discuss the differences between laughter and humor, the psychological and physical benefits laughter provides, and give some examples of laughter exercise and therapy.

TUESDAY, MAY 18, 2021

1:00 PM to 2:00 PM ~ Live Webinar Presentation

All are Welcome!

For **\$5.00*** – **1.0 CE Credit** will be awarded to Illinois nurses, social workers, professional counselors, and nursing home administrators. Payment may be made at registration. To pay by check, please make checks payable to Elderwerks Educational Services, a 501C3 not-for-profit corporation and mail to 251 E. Northwest Hwy, Palatine, IL 60067.

***NO FEE** for Consumers/Community Members and those not needing CE credit or certificate.

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Please join us for this important topic!
Reservations are required.

To RSVP, Click **HERE**

Elderwerks

847-462-0885

Events@Elderwerks.org

Webinar access information will be emailed after registration and prior to the date of the event.

www.Elderwerks.org

