

# Getting Board Ready

Board Development Program

## Player Cards

Cohort 2

**Andrea Plotnick, Ph.D.**  
Senior Vice President Board and Executive Solutions  
LHH Knightsbridge

**Deborah Rosati, FCPA, FCA, ICD.D**  
Corporate Director and Founder & CEO  
Women Get On Board



LHH | Knightsbridge

**NAME:** Kim Boyle

**TITLE:** VP HR

**COMPANY:** Fiera Foods

**WHERE DO YOU LIVE?:** Mississauga, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

Opportunity to share expertise, support organizations in the HR arena and stay relevant into the future.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Retired with attendance on one or more boards relying on HR Leadership.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Engaging*

**NAME:** Martine Brouillet

**TITLE:** Founder and Managing Director

**COMPANY:** Camp Tournesol & Brouillet Academy

**WHERE DO YOU LIVE?:** Mississauga, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

I would love to give back and support small and medium sized business. I am interested in learning about new businesses, share my expertise and experience, while impacting their success.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

I would love to be involved in 2 small to medium sized corporate businesses while continuing to oversee my businesses as day-to-day operations are transitioned to Senior staff.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Process oriented*

**NAME:** Brenda Dayton

**TITLE:** President

**COMPANY:** BND Consulting

**WHERE DO YOU LIVE?:**

Vancouver, British Columbia

**WHY DO YOU WANT TO JOIN ON BOARD?**

To utilize my knowledge and skills in a comprehensive manner and contribute to the success of a not for profit or corporate organization.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

I would like to be engaged on a board in addition to my consulting roles.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Dedicated*

**NAME:** Lorri Fehr

**TITLE:** CEO

**COMPANY:** Columbia Lake Technology Center

**WHERE DO YOU LIVE?:** Nelson, British Columbia

**WHY DO YOU WANT TO JOIN ON BOARD?**

Learn, grow, contribute strengths and ethics, help organizations embrace the future - profit in an socially, environmentally and ethical environment

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Actively involved in 2-3 Boards, strategic, ethical governance focus on tech companies, crown and high tech education boards

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

**NAME:** Alison Glober

**TITLE:** Partner

**COMPANY:** KPMG

**WHERE DO YOU LIVE?:** Toronto, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

Interest in how companies create value and how I can add value.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Ideally, on 2-3 corporate boards utilizing my operational expertise and M&A experiences.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Problem-solver*

**NAME:** Karen Grant

**TITLE:** VP, Strategy & Operations

**COMPANY:** Teladoc Health

**WHERE DO YOU LIVE?:** Toronto, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

I have been on a volunteer board for many years and would like to expand to business board.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

I would like to be sitting on a professional board. I will be starting to plan the last few years of my career.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Accountable*

**NAME:** Lauri Green

**TITLE:** Director, HR Services

**COMPANY:** York University

**WHERE DO YOU LIVE?:** Mississauga, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

To contribute to an organization and it's people.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

I will still be working in some capacity and serving on boards. I will likely have a small business contributing to an organization's people leadership in some capacity.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Thoughtful*



**NAME:** Betty Hutchings

**TITLE:** President

**COMPANY:** Bonavista Business Solutions Inc.

**WHERE DO YOU LIVE?:** Halifax, Nova Scotia

**WHY DO YOU WANT TO JOIN ON BOARD?**

To support my life long learning goal and to further build on my governance and strategic thinking skills.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Serving on 1-2 boards; one of which will be a publicly traded company and other a start-up which I have invested in.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Solution-driven*

**NAME:** Shilpa Joshi

**TITLE:** Director, Corporate Finance (M&A)

**COMPANY:** PwC Canada

**WHERE DO YOU LIVE?:** Toronto, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

To have a greater impact with my skills and experience. I believe my personal and professional experiences (+financial acuity) equip me to add a lot of value. I also feel my experience navigating the corporate world as a woman of colour gives me a perspective that would be valuable as corporations strive to become more diverse.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Well into serving as a corporate board director.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*"Get-stuff-done" person*

**NAME:** Anuja Jumani

**TITLE:** VP, Finance and Operations

**COMPANY:** LHH Knightsbridge

**WHERE DO YOU LIVE?:** Toronto, Ontario

### **WHY DO YOU WANT TO JOIN ON BOARD?**

Serving on a board is such a unique opportunity to leverage my expertise in helping drive a business forward. In turn, I also hope to grow as a professional and develop a new set of skills.

### **LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

I am either part of the Executive Leadership team, or have started my own business.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Innovative*

**NAME:** Bina Kamath

**TITLE:** HR Manager

**COMPANY:** Canadian Natural Resources Limited

**WHERE DO YOU LIVE?:** Calgary, Alberta

### **WHY DO YOU WANT TO JOIN ON BOARD?**

I want to make a difference and contribute to communities. I also want to be a voice at the table participating in initiatives with strategic direction. I am currently on two boards and would like to understand the governance side.

### **LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Looking out 5 years, I would like to be a member on several boards with a HR, financial and non-profit focus.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Visionary*

**NAME:** Joanne Khouryati

**TITLE:** Director General

**COMPANY:** Innovation, Science and Economic  
Development, Gov of Canada

**WHERE DO YOU LIVE?:** Wakefield, Quebec

**WHY DO YOU WANT TO JOIN ON BOARD?**

To recognise the skills that I have developed over the past 22 years in government and understand how my knowledge and skills can be transferable, allowing me to contribute to organisations and communities outside of my work.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

In the next 5 years, I'd like to have joined at least one volunteer (non-paid) board, as preparation for a paid board job. I also hope to be retired from government by 2027, ready to take on board positions full time.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Result-oriented*

**NAME:** Denise Lee

**TITLE:** Director of Regulatory Affairs,  
Domestic and International

**COMPANY:** Aphria Inc.

**WHERE DO YOU LIVE?:** Ottawa, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

Open up opportunities and possibilities, to learn and expand my skill set, meet new people, have new experiences, push my limits.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Cannabis - Domestic and International  
Emerging Cannabis Health Products,  
Natural Health Products and Organics  
Food Sustainability and Education  
Alternative Health and Herbal Medicine

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Collaborative*

**NAME:** Sylvie Pilon

**TITLE:** VP General Manager

**COMPANY:** Consultant

**WHERE DO YOU LIVE?:** Beaconsfield, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

To help biopharmaceutical, medical and non for profit organization in the health care field navigate this turbulent environment and set them up for success.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

- Board of director in key NFP patient organization
- Board of director for success biotechnology or AI start up
- Board of director for another health care company

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Passionate people leader*

**NAME:** Wanda Richardson

**TITLE:** VP Federal Services (retired)

**COMPANY:** AECOM Canada

**WHERE DO YOU LIVE?:** Cambridge, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

To apply my professional expertise and gain more knowledge and perspective on corporate strategy and decision making.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

I hope to be a Board Director on one Corporate and one not-for-profit Board. Professionally I will continue providing services as a Business Development advisor.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Strategic*



**NAME:** Jacqueline Ryan

**TITLE:** Chief Brand and Commercial Officer

**COMPANY:** Canadian Olympic Committee

**WHERE DO YOU LIVE?:** Toronto, Ontario

### **WHY DO YOU WANT TO JOIN ON BOARD?**

To help me improve the contributions I make at the board level, to help me build my board ready brand and ultimately find my next board role.

### **LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Continue as a Senior Executive and sit on a Corporate Board.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Big Picture Thinker*

**NAME:** Colette Rustad

**TITLE:** Principal

**COMPANY:** CBR Advisory Services

**WHERE DO YOU LIVE?:**

Vancouver, British Columbia

**WHY DO YOU WANT TO JOIN ON BOARD?**

To share my experience, to support a company, to be successful.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Actively participate on 3 paid boards, at least one of which operates internationally, and a not for profit board at the national level. Live and work in two-three different parts of the world.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Resilient*

**NAME:** Anh Tran

**TITLE:** Client Director

**COMPANY:** Cognizant

**WHERE DO YOU LIVE?:** Markham, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

To grow personal brand. Get better at my current job, and to be challenged interlectually.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Well-versed and experienced on a non-profit board.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Bold*

**NAME:** Adriana Urtasun

**TITLE:** Regional Manager

**COMPANY:** Zscaler

**WHERE DO YOU LIVE?:** Toronto, Ontario

## **WHY DO YOU WANT TO JOIN ON BOARD?**

Learn how to start my board career and develop my value proposition.

## **LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Paid board member for private sector.  
Providing expertise in cyber security and business development and sales strategy.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Connector*

**NAME:** Joti Vallabh

**TITLE:** Managing Partner

**COMPANY:** Positive Accounting

**WHERE DO YOU LIVE?:** Oakville, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

To be empowered as a female entrepreneur and be a positive contributor on a board.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

My company will be double the size. I will be on at least 2 two boards, being an asset to help. Become sought after to be on a board with my vision.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Accountant WITH a personality*

**NAME:** Sherry Shannon-Vanstone

**TITLE:** President & CEO

**COMPANY:** Profound Impact Corporation

**WHERE DO YOU LIVE?:** Campbellville, Ontario

**WHY DO YOU WANT TO JOIN ON BOARD?**

Be a contributor to the impact of an organization.

**LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?**

Sold my recent company and serving on at least 2 paying boards.

**WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?**

*Risk taker*