# Getting Board Ready Mayer Cards Cohort 5 Andrea Plotnick, Ph.D. Deborah Rosati, FCPA, FCA, ICD.D Senior Vice President Board and Executive Solutions Corporate Director and Founder & CEO LHH Knightsbridge Women Get On Board Inc. GET ON BOARD

NAME: Andrea Morwick

**TITLE:** Capital Markets Executive

**COMPANY:** Independent Consultant

WHERE DO YOU LIVE?: Toronto

#### WHY DO YOU WANT TO JOIN A BOARD?

I want to contribute to an organization and support their oversight initiatives.

### LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

I hope to be a member of a number of boards of companies that I am passionate about and believe in their mission.



NAME: Shaheen Yazdani

TITLE: Managing Partner

**COMPANY:** Intercept

WHERE DO YOU LIVE?: Toronto

### WHY DO YOU WANT TO JOIN A BOARD?

A new challenge - exposure to new networks, businesses and ways of thinking.

## LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

Supporting 1-2 boards (paid or unpaid) where I am passionate about the cause, and continuing to scale my b2b tech marketing agency with additional operational management layers in place.



NAME: Sara Hradecky

TITLE: Director

**COMPANY:** 

WHERE DO YOU LIVE?: Victoria BC

### WHY DO YOU WANT TO JOIN A BOARD?

Make a positive contribution using my long-time international and business experience

## LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

Serving on two boards; one a Crown Corporation (perhaps as Chair) and one either corporate or non-profit



NAME: Kashmera Self

TITLE: AVP, Strategy & Emerging Solutions Delivery

**COMPANY:** Interac Corp

WHERE DO YOU LIVE?: Toronto

#### WHY DO YOU WANT TO JOIN A BOARD?

One must be at the table to be able to influence change within corporate Canada.

# LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

I look at everything I do in the following stages of crawl, walk, run, stroll. I would expect to be at the walk stage where I will hold an executive position within the financial services industry and have 1 to 2 Board roles applying my expertise in financial services and my personal civic responsibility within a Board capacity.

WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?

Biased toward action

NAME: Sandy Bernier

TITLE: SVP, Human Resources

**COMPANY:** Liberty Mutual Canada

WHERE DO YOU LIVE?: Toronto

#### WHY DO YOU WANT TO JOIN A BOARD?

I am interested in exploring board opportunities and so want to learn more about how this works.

### LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

In five years I would still envision myself leading a HR team but would also like to have one or two boards that I work with to help make a difference.

WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?

Problem Solver

NAME: Rosa Del Campo

TITLE: VP and Senior Investment Counsellor

**COMPANY:** BMO Private Wealth

WHERE DO YOU LIVE?: Toronto

### WHY DO YOU WANT TO JOIN A BOARD?

I want to add value by sharing my experiences and bringing a different perspective to the table. I want to meet other senior leaders and get to know their businesses/organizations.

# LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

I want to spend time helping not for profit organizations meet their goals and objectives. I am very interested in the health care sector and education. I am also interested in the financial services sector where I have spent most of my career.



NAME: Daria Hill

TITLE: AVP, Corporate Communications & Sponsorships

**COMPANY:** Interac Corp.

WHERE DO YOU LIVE?: Toronto

### WHY DO YOU WANT TO JOIN A BOARD?

Leadership development

## LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

I have a paid position on a Board in an industry that I'm interested in, but that leverages my current industry experience.

WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?

Results!

NAME: Celyeste Power

TITLE: AVP, Corporate Communications & Sponsorshi

**COMPANY:** Insurance Bureau of Canada

WHERE DO YOU LIVE?: Toronto

### WHY DO YOU WANT TO JOIN A BOARD?

To work with new people to help them deliver on their goals and objectives.

### LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

Active Board participant with a challenging and rewarding executive position.

WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?

Pasionate

NAME: Ashu Gupta

**TITLE:** Director - CIO Advisory

COMPANY: KPMG

WHERE DO YOU LIVE?: Brampton

### WHY DO YOU WANT TO JOIN A BOARD?

I have been on the other side of the board. Getting program approvals, budget approvals, etc. I want to be on the board side to ask relevant questions on technology initiatives and how they impact business.

## LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

I will continue being a CIO / CIO advisor helping companies meet their business objectives using technology.

# WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU?

CIO, Technology, Insurance / Banking domain, Advisor, Digital transformation, Legacy transformation NAME: Carol Willson

TITLE: Senior Advisor

COMPANY: Willson Advisory Inc

WHERE DO YOU LIVE?: Oakville

#### WHY DO YOU WANT TO JOIN A BOARD?

To provide value to organizations through my experiences and others

## LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

Hopefully 2 board appointments with extremely interesting organizations and high performing board members

WHAT KEY WORD/ATTRIBUTE BEST
DESCRIBES THE "PROFESSIONAL" YOU?

Relatable, reliable, responsive,
inclusive, consultative

NAME: Julia A. Sweeney

TITLE: SVP, Client Relationships

**COMPANY: LHH** 

WHERE DO YOU LIVE?: Chicago Area

### WHY DO YOU WANT TO JOIN A BOARD?

To apply my experience for the benefit, success and growth of meaningful organizations

### LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

Appointment on two boards. Standing in my purpose, engaged in my work, continuing to learn and broaden my leadership capabilities.

WHAT KEY WORD/ATTRIBUTE BEST DESCRIBES THE "PROFESSIONAL" YOU? Curious, solution-focused, growth-oriented

NAME: Laila Paszti

TITLE: Partner

COMPANY: Davies Ward Phillips & Vineberg

WHERE DO YOU LIVE?: Toronto

#### WHY DO YOU WANT TO JOIN A BOARD?

I am passionate about the importance of an effective governance structure to advance technology adoption within an organization in alignment with business strategy and core values.

## LOOKING OUT 5 YEARS, WHAT WILL YOUR BOARD/ PROFESSIONAL LIFE LOOK LIKE?

I look forward to drawing on my skills and experience as a corporate lawyer, focusing on technology, to collaborate on a board. Professionally, aside from continuing to counsel companies on adopting novel technologies compliantly and advising on cybersecurity matters, I want to expand on my teaching and mentorship activities, which are a source of deep fulfillment.

