



**Mrs. CHEA SAMNANG**  
MA Clinical Psychologist

# Shine

BETTER BUSINESS ACADEMY

**Understanding Your Parenting Style  
and Ways to be a Positive Parent.**

**BREDFAST TALK**



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## BREDFAST TALK

**Venue: Lotus Blanc Resort**

National Road 6, Krous Village, Siem Reap, Cambodia

**Date: 21 February 2020**

**Time: 9:00am - 1:00pm**

**Language: Khmer**

\$28 per attendee (incl. VAT) Cash payable at the venue



This is a **WOMEN-ONLY** event. Registrations are not transferable unless previously arranged.

# Understanding your Parenting Style and Ways to be a Positive Parent.

Being both a parent and an entrepreneur/professional has always created conflict for working women.

Here at BRED Bank we know this conflict produces feelings of guilt and, creates challenges with child-parent communication.

This session is designed to help you understand your parenting style and learn techniques to maximise your relationship with your child and release the feelings of guilt.

At this BREDfast Talk you will learn:

- **What is positive parenting and why is it important?**
- **Different parenting styles and how to analyse which one are you.**
- **How to deal with guilt and modify unhealthy parenting practices.**
- **To engage with the key 'love' languages between parent and child.**



This BREDfast Talk is facilitated as a safe space. You are free to share and question as freely as you wish. The format is a 'working breakfast' where you will build skills, share experiences, learn new techniques, and enhance yourself.



## Meet The Speaker

### MRS. CHEA SAMNANG MA Clinical Psychologist

Mrs. Samnang Chea has been providing direct services for 31 years.

Specialising in counselling, psycho-education, and psycho-therapy, Samnang uses direct clinical engagement with adults to realise their inner potential, and build new tools/strategies to manage their lives.

Samnang currently holds roles as a Psychologist at Chey Chumneas Referral Hospital in Takhmao town, a clinical Psychologist at The Bamboo Centre in Phnom Penh, and an educator at the Department of Social Work at Royal University of Phnom Penh. Additionally, Samnang assisted in the development and delivery of a Positive Parenting tool kit through the Ministry of Women's Affairs, and she continues to provide technical support on Positive Parenting to a local organization called ICS-SP (Improving Cambodia Society through Parenting).

Through her extensive practical experience, Samnang has developed culturally appropriate tools to help Cambodians recognize their full inner potential, and develop the self-awareness and drive for personal, and professional growth.

### Agenda



9:00 am - 9:30 am	Registration
9:30 am - 9:35 am	Opening Speech by Mrs. Meas Kunthea, Head of Branch Network, BRED Bank Cambodia
9:35 am - 11:30 am	Interactive Session
11:30 am - 12:00 pm	Questions and Wrap-up
12:00 am - 1:00 pm	Networking & Lunch

Please contact us:

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**HOW TO REGISTER**

