



Lab West MINEx Information Pack

Labrador West Chamber of Commerce Contact Details:

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For any urgent inquiries during your visit, call/text Lydia's cell: 709-987-7835.

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Google Map of venues, hotels, restaurants, attractions -

<https://www.google.com/maps/d/u/0/edit?mid=1YoLOzc8JTXowFv8Udy9utIttWtpfFo&ll=47.06110917431408%2C-74.96325429999999&z=5>

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3 MAIN EVENT VENUES:

- **Arts & Culture Centre (ACC)**, 300 Hudson Dr, Labrador City:
 - Speaker Presentations
- **Wabush Hotel**, (Use rear entrance) 9 Grenfell Dr, Wabush:
 - Keynote Luncheons
- **Mike Adam Recreation Complex (MARC)**, 1 Bond St, Wabush:
 - Trade Show & Panel Discussions

DELEGATES

Schedule: Please see attached. The final schedule will be included in the brochure provided at registration.

Registration: Delegate registration will take place the hour before our first event – 8.30am-9.30am on Tuesday 18th at the Arts and Culture Centre. If you miss registration here, you can collect from the lobby of the Trade Show.

Tickets: We have reached full capacity for each event, as determined by fire code regulations, and cannot accommodate additional attendees. If you would like to confirm your ticket details before the event, please feel free to contact us for clarification.

Meeting Space: If you would like to utilize a room for any business meetings whilst in town, there are rooms available upstairs at the Trade Show. These will be signposted at the venue.

TRAVEL & ACCOMMODATION

Airport Transfers: Taxis in Labrador West are limited. However, we have our own drivers available to assist with airport transfers.

Travel around town: We will be utilizing venues across Labrador City and Wabush. The farthest distance between venues is a 6km drive.

Thank you to The Cahill Group for sponsoring a shuttle bus for the duration of the event.

If you would like to utilize our transit service, please email us your flight information and hotel name to help us coordinate our schedule. Even if you have other transportation arrangements, we encourage you to use our bus service for the social events.

If you are local and attending the events with your colleagues, please carpool where possible.

Parking: All venues offer parking, though the Wabush Hotel has limited spaces. On milder days, you can park at the MARC and walk to the Wabush Hotel (just 2 minutes). If the weather isn't ideal or you'd prefer not to walk, simply park at the MARC and come inside, and we'll shuttle you to the Wabush Hotel door (and back).

Parking lots:

- Arts & Culture Centre, Labrador City (Front of building)

- Wabush Hotel, Wabush (Back of building)
- Mike Adam Recreation Complex (MARC), Wabush (Front of building)
- Smokey Mountain Ski Club, Labrador City (Front of building)
- Iron Rock Brewing Co., Labrador City (Front and side of building)

Accommodation: We recommend that you contact your accommodation to confirm your reservation before departing for Labrador City. This ensures everything is in place for your arrival and helps avoid any surprises.

EVENTS

Steak & Ski Night Sponsored by Hestia Heating (Feb 18th): If you're attending this ticketed event and haven't yet shared your food preferences during registration, please reach out. If you'd prefer chicken instead of steak, contact the office by Wednesday, February 12th. Vegetarians will be served veggie kebabs. Sides are included for all.

If you plan to ski or snowboard, **please complete this online form for your rentals and waiver before the event:** <https://botrow.com/smokey-shop/> Completing this ahead of time will allow us to have all your gear and paperwork prepared and maximize your time on the hill!

Steps as follows:

- Select "Tickets & Rentals"
- Enter the date of the event "Feb 18th"
- Select "Rentals" and click "+"
- Complete the fields
- Select the cart, top right corner of page
- Click "Checkout"
- Read the waiver and tick the box to agree to the Ts&Cs, Continue
- Complete the details including credit card (you have already paid for the ticket, but credit card details are needed as a damage deposit for your gear).
- Enter "Promo Code" **Minex2025** which will take the price to 0.

Contact the office if there are any issues.

SMSC Members – if you have a season pass there is no need to complete the rental/waiver form.

Meet & Greet Sponsored by PAL Airlines, at Iron Rock Brewing Co. (Feb 19th):

This is a free event, but registration is required due to capacity. We are currently taking names for the waitlist. Event includes live local music and charcuterie.

FOOD & BEVERAGE

Allergies: If you have not yet informed us of any food allergies or preferences (especially if you registered through the office rather than the website), please let us know as soon as possible.

Refreshment breaks: We will have scheduled morning and afternoon refreshment breaks, catered by local business Well-Bean Café.

Keynote Luncheons and Evening Socials: Please note that the Keynote Luncheons and Evening Socials are ticketed events. If you're not planning to attend, we've provided some recommendations for local spots you can explore. You'll find the locations marked on the Google Map at the beginning of the document.

BaBaQ's Smoke & Grill

(Dine in/Take Out) · 211 Drake, Labrador City · 7:30am-11:00pm

CJ's Pub

(Dine in/Take Out) · 301 Humber, Labrador City · Noon-1:00am

Fishnet Lounge

(Dine in/Take Out) · Wabush Plaza, Wabush · Noon-12:00am

The Frozen Rooster (Wabush Hotel)

(Dine in/Take Out) · 9 Grenfell, Wabush · 4:30pm-9:00pm

Greco Pizza

(Dine in/Take Out) · 208 Humber, Labrador City · 11:00am-10:00pm

Iron Rock Brewing Co.

(Dine in/Take Out) · 118 Humphrey, Labrador City · (Closed Wednesday for our Meet & Greet Sponsored by PAL Airlines) Tues and Thurs 4-8pm, Fri 4-12am, Sat 2pm-12am

Jarge's Pub

(Dine in/Take Out) · 208 Humber, Labrador City · Noon-2:00am

Jungle Jim's

(Dine in/Take Out) · 500 Vanier Labrador City Mall, Labrador City · 10:00am-10:00pm

[The Kash Nightclub & Pizza House](#)

(Dine in/Take Out) · 401 Avalon, Labrador City · 4:00pm-1:00am

[Knix Bistro](#)

(Dine in/Take Out) · 1 Grenfell, Wabush · 7:00am-3:00pm

[Mary Browns](#)

(Dine in/Take Out) · 210 Drake, Labrador City · 11:00am-10:00pm

[Maverick's Lounge](#)

(Dine in/Take Out) · 800 Route 500, Labrador City

[McDonald's](#)

(Dine in/Take Out) · 90 Avalon, Labrador City · 24hrs

[Pizza Delight](#)

(Dine in/Take Out) · 800 Route 500 · 7:00am-10:00pm

Subway

(Dine in/Take Out) · 151 Avalon · 6:30am-11:00pm

[Sushi Lab](#)

(Dine in/Take Out) · 118 Humphrey, Labrador City · 5:00pm-9:00pm

Tim Hortons

(Dine in/Take Out) · 500 Vanier, Labrador City · 5:00am-10:00pm

[Well-Bean Cafe](#)

(Dine in/Take Out) · 222 Amherst, Labrador City · 7am-6pm Tue, 7am-9pm Wed

[Wing'n It](#)

(Dine in/Take Out) · 215 Drake, Labrador City · 11:00am-10:00pm

THINGS TO SEE & DO:

Here are some suggestions of other activities to enjoy whilst visiting Lab West:

- [Menihek Nordic Ski Club](#), 30km of groomed trails and a cozy A-frame lodge. Cross country skiing or snowshoeing. Day passes and equipment rentals available. Smokey Mountain Road, Labrador City - 709-944-5842
- [Mulligans](#), Golf Simulator Lounge
215 Drake Ave, Labrador City - 709-288-1703
- [Gateway Labrador](#), Visitor Information Centre and Edmund Montague Exhibit Hall
1365 Route 500 - 709-944-5399 - Open weekdays 9am-5pm
- [Frontier 53 Trail Network](#), Enjoy a walk on groomed, lit trails during your visit.
[Jean Lake](#) is a 4.5km loop in Wabush.
[Tanya Lake](#) is a 2km loop in Labrador City.
- [Snowmobiling](#), Experienced snowmobilers can rent a snowmobile from X-Rentals in Labrador City. Call Morgan Blundon (709-944-1586). Located at Gateway Labrador.

MISCELLANEOUS:

Work Boots: Please refrain from wearing work boots at MINEx venues. Please remove any ice cleats before entering the venues.

Services: Gas Stations, ATMs, Corner Stores, Pharmacies are marked on the map above.

EXHIBITORS

Set Up: You can set up at the MARC on **Monday, February 17th from 9am to 4pm and/or Tuesday, February 18th starting at 9am**. The Trade Show will open to delegates at 12pm on Tuesday, February 18th.

Registration: Our MARC volunteers will have your event lanyards at the table inside the entrance of the MARC.

Tickets: Please be advised that Exhibitors wishing to attend speaker presentations will need to upgrade to a Delegate pass. Should you need assistance, please contact the office.

Additionally, only registered attendees (Delegates and Exhibitors) will have access to the booth during scheduled sessions. Any other associates or staff are welcome to visit during the Public Session on Wednesday, February 19th, 3pm-6pm.

Installations: If you are bringing in heavy items (i.e. industrial equipment or supplies), please bring an appropriate floor covering to place them on.

Booth Supplies: Each pipe and drape booth will have 1 six foot table, 2 chairs, 1 power cord. Extra chairs will be available. The MARC WIFI is an open network.

If you have your own booth furniture, and you do not need a pipe and drape booth, please let us know before Friday 14th.

Demonstrations: Please plan demonstrations around the panel discussion and coffee break times to avoid disruption.

Work Boots: Please refrain from wearing work boots at MINEx venues. Please remove any ice cleats before entering the venues.

Lunch: If you are unable to leave your booth, the Wabush Hotel offers a bagged lunch delivery service (for a fee). To arrange this, please contact our office by Friday, February 14th.

Unattended Booths: Please be aware that we are unable to monitor booths when they are unattended.

Tear Down: Immediately after the event ends on Thursday 20th at 12pm.

We cannot wait to welcome you to MINEx 2025!