# BFOKinawa 沖縄 October 2023

updated 1 Sep 2023



ASIA BRIDGE FORUM -The Next

in collaboration with









#### Program

#### Day 0 Mon 2 Oct

Various MyEO Event

#### Day 1 Tue 3 Oct

1130-1430	Moderator Meeting+Lunch with Board
1400	ABF Registration @ Hotel Collective Lobby
1400-1600	Dynamic Forum @ Hotel Collective
1630	Bus Departure for Welcome Dinner Departure
1700-2200	Welcome Dinner+General Session (Dress Code: Smart Casual)
2200	MyEO After Hours @ Haikyo Bar Core

Day 2 Wed 4 Oct				
630-830	Morning Activities			
930-1200	Forum Session 1 / SLP: Ryuku Costume + Stroll Naha City			
1200-1300	Lunch / SLP: Special Lunch at Ryukyu Onsen			
1300-1700	Forum Session 2 / SLP: Ryukyu Onsen Relaxing Time			
1730	Bus Departure for Gala Beach Party			
1800	Gala Beach Party (Dress Code: Beach)			
2130	MyEO After Hours @ Voyager Stand Okinawa			

Day 3 Thu 5 Oct				
615	Bus Departure for Morning Activities			
630-830	Morning Activities			
930-1300	Forum Session 3 / SLP: Ryuku Glass Village & Fragrance Class			
1300-1430	Special Farewell Lunch / SLP: Road Station Itoman			
1500	Transfer to Discover Okinawa Hotel			
1630	MyEO Matsuri Discover Okinawa Opening Dinner			

# **ABF MyEO**

ABF MyEO	Date	Time	Fee USD	Min-Max Pax
Da	y O Mor	2 Oct		
1 Fishing	2 Oct	6.30am-5pm	200	10-20
2 Golf	2 Oct	1030am-5pm	220	10-20
3 Food: Dinner Food Stalls	2 Oct	7-9pm	60	40-50
4 Drink: Experience Awamori	2 Oct	930-11pm	60	10-25

	Day 1 Tue 3 Oct					
5	Diving	3 Oct	6.30am-11am	240	15-20	
6	Learning: Ikigai @ Ogimi Village	3 Oct	7am-2pm	200	20-40	
7	Culture: Perfecture & Art Musuem	3 Oct	9am-1pm	30	10-30	
8	Food: Sushi Lunch by Mr Kato	3 Oct	1130am-130pm	180	Max 20	
9	Food: Sushi Lunch by Mr Hashimoto	3 Oct	1130am-130pm	180	Max 20	
10	Afterhours: Haikyo Bar Core	3 Oct	10pm-12am	30	100-200	

Day 2 Wed 4 Oct					
11 Afterhours: Voyager Stand	4 Oct	10pm-12am	30	100-200	

	Day 3 Thu 5 Oct					
12	Matsuri 祭 (opening dinner of discovery okinawa) <u>https://discoverokinawa-matsuri.pea</u> <u>tix.com/</u>	5 Oct	5-8pm	¥ 50k		
13	Discover Okinawa	5-7 Oct		1,999	Max 370	

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#### Welcome Message



I extend a heartfelt welcome to all participants of the EO ABF event. As the Day Chair, I am enthusiastic about witnessing your exploration of new insights into Okinawa and Japan, nurturing your Ikigai, and fostering enduring connections among us. With Uematsu-san and Miki-san's leadership, we gather to make the most of this moment. My sincere gratitude to them.

Let's wholeheartedly seize this occasion to learn, connect, and advance collectively, crafting an unforgettable voyage of growth and inspiration. Enjoy every moment!

**Rio Kakui, AAA Forum** ABF Okinawa DayChair & EO Tokyo Metropolitan Hello Everyone,

I am tadao uematsu, the founder of EO Okinawa, EO Okinawa is a new chapter, established only 2 years ago. All members are new except for me. It is a great honor for us to welcome you all to Okinawa with DISCOVER Okinawa, Okinawa, the only subtropical island in Japan, is home to nine World Heritage Sites, the Kerama Islands (a national park), and other wonderful islands surrounded by the Kerama blue ocean and coral reefs. Okinawa is also the birthplace of karate, and we will be holding many events under the theme of "spirit of BUDO". Of course, everyone will have a chance to experience it. All participants will also challenge the Guinness World Records. We will have delicious food, drinks, and a unique beach party at Peach Resort! All the members of EO Okinawa look forward to seeing you all on the island.

#### Tadao Uematsu

ABF Okinawa Champion & EO Okinawa Founder

#### Good Day,

With a population of 1.4 million, Okinawa is one of the world's leading resort destinations, attracting more than 10 million tourists a year, surpassing Hawaii. Japan is the longest existing nation in the world, lasting 2,700 years. Okinawa was an independent country, the Ryukyu Dynasty, with a history of about 450 years. The Ryukyu Dynasty had a wonderful history of both financial and spiritual wealth of its people, with the language called "Bankoku Shinryo", remaining and a thriving trade with China and Japan.

It also has a sad history of being involved in Japan's ground war during World War II, in which many civilians died. After the defeat, it was under the control of the U.S. military for about 30 years, and now it has been 50 years since the reversion of the Ryukyu Islands to Japan. After having experienced so much, Ryukyu people's pride, incorporation into Japan, ground war, and U.S. military rule, Okinawa is now showing extraordinary growth in Japan. The Okinawan way of life, centered not on attachment to material wealth but on human compassion. Its lifestyle turns Okinawa into the place where people is always helping each other. Because of its hospitality and cooperation with each other. Okinawa attracts attention from all over the world. We hope that you will experience the richness of the land and the richness of the heart in Okinawa, where ABF-DO will be held this time.

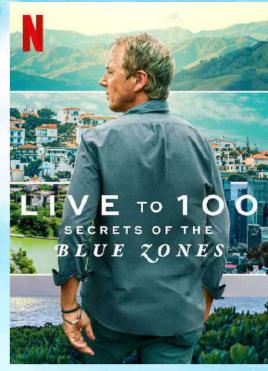
#### Kazunari Miki

ABF Okinawa Producer & EO Okinawa President

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#### **Okinawa & Blue Zone**

Okinawa is one of the five Blue Zones in the world, which are areas where people live exceptionally long lives. The average life expectancy in Okinawa is 81.25 years, which is 10 years higher than the global average. There are a number of factors that contribute to Okinawa's longevity, including a healthy diet, a strong social network, and a sense of purpose in life. The traditional Okinawan diet is rich in fruits, vegetables, and whole grains, and low in processed foods and sugar. Okinawans also have a strong social network and a sense of community, which helps to reduce stress and promote well-being.



#### **10 Event Highlights**

- 1. 3 Days/2 Nights of Non-Stop Fun and Learning
- 2. 3 Forums + 1 Dynamic Forum sessions
- 3. 2 Social Dinners & Party to Network with Entrepreneurs from Around the World
- 4. Learning Event: in Depth learning on Ikigai and Longevity
- 5. ABF MyEO Ikigai Ogimi Village Tour to Discover the Secret to a Long & Happy Life
- 6. 13x ABF MyEO Events to Connect with Other Entrepreneurs
- 7. 230+ Attendees from 22 Countries and 38 EO Chapters, 50+ SLP
- 8. Discover Okinawa 5-7 Oct to further Experience the Beauty of Okinawa
- 9. Variety of Japanese and Local Okinawa Cuisine to Tantalize Your Taste Buds
- 10. And Many More Surprises!



#### 

(生き甲斐, "ee-kee-guy") ● 生き iki/life ● 甲斐 gai/value or worth

Japanese concept representing a sense of purpose & fulfillment in life, refers to the reason for being, the thing that gives meaning to one's existence, and the source of joy & satisfaction in life.

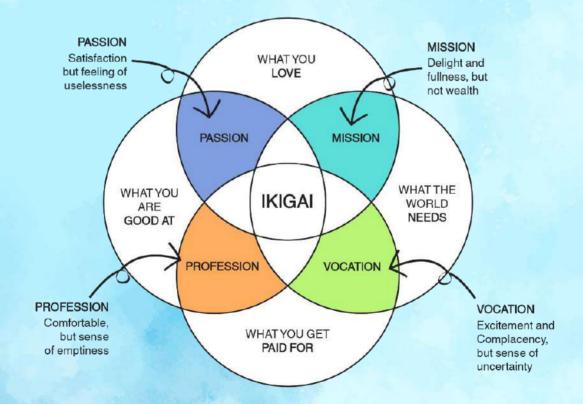
The concept of IKIGAI suggests that by finding the perfect harmony and integration at the intersection of these FOUR fundamental elements would uncover a person's true purpose, personal satisfaction, experience fulfillment leading to a meaningful and happy life.

THE INTERNATIONAL BESTSELLER

The Japanese Secret to a Long and Happy Life

CTOR GARDIN AND TRANCESC MIRALLES

- What you love (PASSION): The things you are enthusiastic about and enjoy doing activities, interests, and hobbies that bring you joy and fulfillment.
- What the world needs (MISSION): Focuses on the needs, demands, or problems in the world that you can address or contribute to. It involves making a positive impact on others or society as a whole.



- What you are good at (TALENT/SKILL): Encompasses the things you excel in and have expertise or competence in.
- What you can be paid for (VOCATION): Finding a career or profession that allows you to earn a living and sustain yourself financially - activities for which 7 you can receive monetary compensation.



#### Learning



Nic Lim EO Malaysia

Joined EO in 2000 and plans to live to 120 years old. Hector Garcia

Author of 11 books

Dr. Makoto Suzuki\* Director of the Okinawa Research Center for Longevity Science Yamamoto Junichi in Japanese is 山本淳

90 years old Tri-Athlete

The concept of ikigai has been gaining popularity in recent years as people seek to live longer, healthier lives. Ikigai is a Japanese word that means "reason for being" or "purpose in life." It is believed that by finding your ikigai, you can live a more fulfilling and meaningful life, which can lead to greater longevity.

In this Leaerning, we will be joined by Hector, Dr. Suzuki, and Mr. Junichi to discuss ikigai, longevity, and healthspan. Hector is a life coach who helps people find their ikigai. Dr. Suzuki is a researcher who studies the relationship between ikigai and longevity. And Mr. Junichi is a 90-year-old man who has been living his ikigai for many years.

A deep dive into IKIGAI, longevity and healthspan as we engage Hector, Dr Suzuki and Mr Junichi. We begin with an update on the latest trends and findings around IKIGAI.

Have the IKIGAI values/virtues grown, how have communities adapted them and what do the likes of Mr Junichi think about IKIGAI.

Planning for healthspan and longevity, was Mr Junichi expecting to do tri-athlons at 90? How do Intention and Purpose play a role in determining longevity?

Finally we find out the personal ambitions of the panel to understand where they are headed, how they plan/prepare and adapt their surroundings and circumstances.

\* he was featured in Netflix Docuseries; Live to 100: Secret of the Blue Zone



#### Social Day 1 Welcome Dinner - Suitenro Bette

4-16-16 Nishizaki, Itoman, Okinawa https://maps.app.goo.gl/ZgPkZZx8xNRAYSLh7?g\_st=ic



**Dress Code: Smart Casual** 



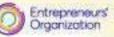
# Day 2 COZY BEACH CLUB

3 Chome-3-1 Tsuji, Naha, Okinawa 900-0037, Japan <u>http://cozy-7.com/</u>

**Dress Code: Beach with accessories** 



\*a beach shirt will be provided









#### ABF OKINAWA 3-5 October 2023 Spousal Program

Step into the Enchanting World of Okinawa's Traditional Culture Unwind in Okinawa's Best Onsen for a Truly Relaxing Getaway Savor the Flavorful Adventure at ITOMAN, the Charming Fisherman Town Embrace the Craftsmanship & Fragrance with a Hands-On Experience

#### Sign up now before EARLY BIRD USD1399 end!





〒900-0014 2-5-7. Makishi Naha-shi, Okinawa TEL : +81 98 860 8366

#### Hotel JAL CITY Naha

1-3-70 Makishi Naha-shi, Okinawa TEL : +81 98 866 2580

Both hotels are situated along Kokusai Street, right in the heart of Naha, Okinawa, a bustling hub that draws tourists from across the globe. We offer a lavish and immersive atmosphere deeply rooted in the rich tapestry of Okinawan culture, providing an unparalleled experience.

#### **Transportation** from Airport to Hotel (own arrangement)



Airport	13			
	Fare: ¥1,5	Hotel		
		131.221		
Monor	ail			
Airport	Kokunaisen Ryokaku Terminal mae		23 min	Matsuo/Meibashi Station
i.	Ä	Fare	: ¥270 - ¥300	
6 min	<b>X</b>			🚺 17 min
Bus				
Airport	Domestic Flight (Platfor - Bus No.120/ No.125		19 min	Kokusai Street Entrance
1.			Fare: ¥240	Ĩ.
1 min	i i			<b>8 min</b> 14

Note: both Hotel Collective & JAL City Naha are situated adjacent to each other.

# Local Must Try Food

Okinawa, with its unique blend of Japanese, Chinese, and Southeast Asian influences, offers a tantalizing array of local dishes that are a must-try for any food enthusiast.

Exploring Okinawan cuisine is not just a gastronomic adventure but also a cultural one. Each dish tells a story of Okinawa's history and influences, making it an essential part of any visit to this vibrant island.



沖縄そば Okinawa Soba



Teppanyaki



YATAIMURA



ゴーヤチャンプルー Stir fried bitter melon



ラフテ Salty sweet pork belly



海ぶどう Sea grapes



紅いも Sweet Potato Tarts



サーターアンダギー Okinawa Doughnuts



ちんすこう Okinawa Shortbread Cookies

# **Weather Forecast**



#### 3 Oct 2023, Tue 0 25%

23 N, 41km/h

#### 29°C 23°C

1% S NNE, 28km/h

4 Oct 2023, Wed 28°C 24°C

5 Oct 2023, Thu 57% S NE, 22km/h

29°C 24°C



**Comfortable & light** wear



Sweater/cardigan



Long sleeve & pants

# **Packing List**

#### Things to pack

Day 1 Dress Code: Smart Casual \* Day 2 Dress Code: Beach\* \* \*a beach shirt will be provided

#### Additional Information 1: ABF MyEO

#### Additional Information 2: Recommended Places to Shop, Eat & Drink





#### **ABF** MyEO **Fishing** Japanese Fish in Tropical Okinawa

- 🗰 2 OCT 2023
- 🕑 06:30am-05:00pm
- 😫 Naha Kita Marina
- **\$** USD200 per pax
  - Min: 10 persons Max: 20 persons

You can experience multiple types of fishing for an entire day in Okinawa's stunning waters, which are crystal clear and teeming with an abundance of fish species. The tour fee includes a fishing rod, bait, traps, lunch box, and beverages.

\*We recommend that you bring your own drinks as the number of drinks provided by the boat is limited.



### ABF MyEO Golf

Experience the Okinawa golf at the open-air seaside quay

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2 OCT 2023

( 10:30am-05:00pm

Southern Links Golf Course

S USD220 per pax

\*Golf club rental will be charged separately at USD40 /5,500(JPY)

Min: 10 persons Max: 20 persons

18 holes blessed with the rich nature of Okinawa, Including shots over the sea, are waiting for you.

https://www.accordiahotel.com/southern-links/golf/





- 2 OCT 2023
- ( 07:00pm-09:00pm
- 3-11-16,17 Makishi, Naha-shi, Okinawa-ken
- S USD60 per pax
  - Min: 40 persons Max: 50 persons



The Miracle Mile has "yatai" (food stalls). Experience the bustling nightlife of Japan along Kokusai-dori, the largest downtown area in Naha City and the busiest street in Okinawa.Experience the Japanese culture of drinking and chatting in a semi-outdoor setting with a collection of small yatai-like food stalls.





# ABF My EO Drink Experience Awamori

Max: 25 persons

- **2 OCT 2023**
- ( 09:30pm-11:00pm
- 😫 4F 8 Kume, Naha-shi, Okinawa-ken
- S USD60 per pax
  - Min: 10 persons

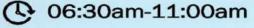
Awamori Souko is a members-only bar located in Naha City, Okinawa Prefecture. Here, you can encounter over 800 varieties of awamori, a traditional Okinawan distilled liquor. We pride ourselves on providing hospitality against the backdrop of the rich culture nurtured in this region.





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🛗 3 OCT 2023



- 😫 Naha Kita Marina
- USD240 per pax
  - Min: 15 persons Max: 20 persons



You can cruise to an uninhabited island (Kerama Islands) offshore by boat and experience diving at a point with abundant coral reefs with a clear Kerama blue color.

If you are not comfortable diving, snorkeling alone can be arrange. However, the cost is the same.

\*Those who will take flight on the same day cannot dive.

# ABF My Concerning IKIGAI @ OGIMI VILLAGE

3 OCT 2023

ASIA BRIDGE FORUM

2.U STAGE

- ( 07:00am-02:00pm
- Ogimi Village
- S USD 200 per pax
  - Min: 20 persons Max: 40 persons

華橋 Lina China

Lecture by Dr. Makoto Suzuki. You can listen to the secret of Okinawa's longevity while on the move. In Ogimi Village - Okinawa, which has been selected as a Blue Zone, there will be time to hear from elderly local residents about the secrets of longevity and their lifestyles.







# ABFMyEOCULTURE

#### **Prefecture Museum & Art Museum**

**3 OCT 2023** 

- ( 09:00am-11:00am
- Schinawa Prefecture Museum & Art Museum
- **\$** USD 30 per pax
  - Min: 10 persons Max: 30 persons

The Okinawa Prefectural Museum & Art Museum is a museum in the most southern prefecture of Japan. The museum complex in the Omoro-machi area of Naha, the capital city of Okinawa Prefecture. It opened in November 2007, and includes art, history, and natural history museums focusing specifically on Okinawan topics.







# ABF My EO FOOD **SUSHI Lunch by Mr.Kato** NOT INCLUDING ALCOHOL

🛗 3 OCT 2023

- ( 11:30am-01:30pm
- Sandaime Tsukiji Aozora Sandaime
- S USD 180 per pax
  - Max: 20 persons

Sushi lunch by Mr. Kato using Hokkaido ingredients Experience a rare opportunity to enjoy ingredients from northern Hokkaido in the tropical land of Okinawa. https://sushikato.jp/





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Not including alcohol

**3 OCT 2023** 

( 11:30am-01:30pm

- 2 63 Cafe
- S USD180 per pax
  - Max: 20 persons

Sushi lunch by Mr. Hashimoto, a vegetable sommelier and an expert on local and international ingredients. He decorates the table with colorful and vibrant dishes while using seasonal ingredients from Okinawa. He uses traditional Okinawan crafts such as yachimun (pottery) and textiles to express his cuisine. You can enjoy your lunch while having a conversation about Okinawa.



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Entrepreneurs Organization

### ABF MyEO AFTERHOURS

### HAIKYO Bar CORE

☐ 3 ОСТ 2023

( 10:00pm-00:00am

3-5F 1-2-4 Makishi, Naha-shi, Okinawa-ken

S USD 30 per pax (include free flow drinks, exclude champagne & tequila, menu will be provided at venue)

Min: 100 persons Max: 200 persons

Bar run by EO Okinawa member Mr.Fukumoto In Okinawa, where we live, there are many sturdy concrete buildings, including many unused ones. Being surrounded by things that "can still shine with a little extra effort" creates an atmosphere that brings a sense of calm.

That's the charm of experiencing such ruins, and that's what "Ruins BAR CORE" offers.





ABF My EO AFTERHOURS

### **VOYAGER STAND OKINAWA**

**4 OCT 2023** 

( 10:00pm-00:00am

BIF 2-8-15 Makishi, Naha-shi, Okinawa-ken

(\*Include free flow drinks, exclude champagne & Tequila, menu will be provided at venue)

Min: 100 persons

Max: 200 persons





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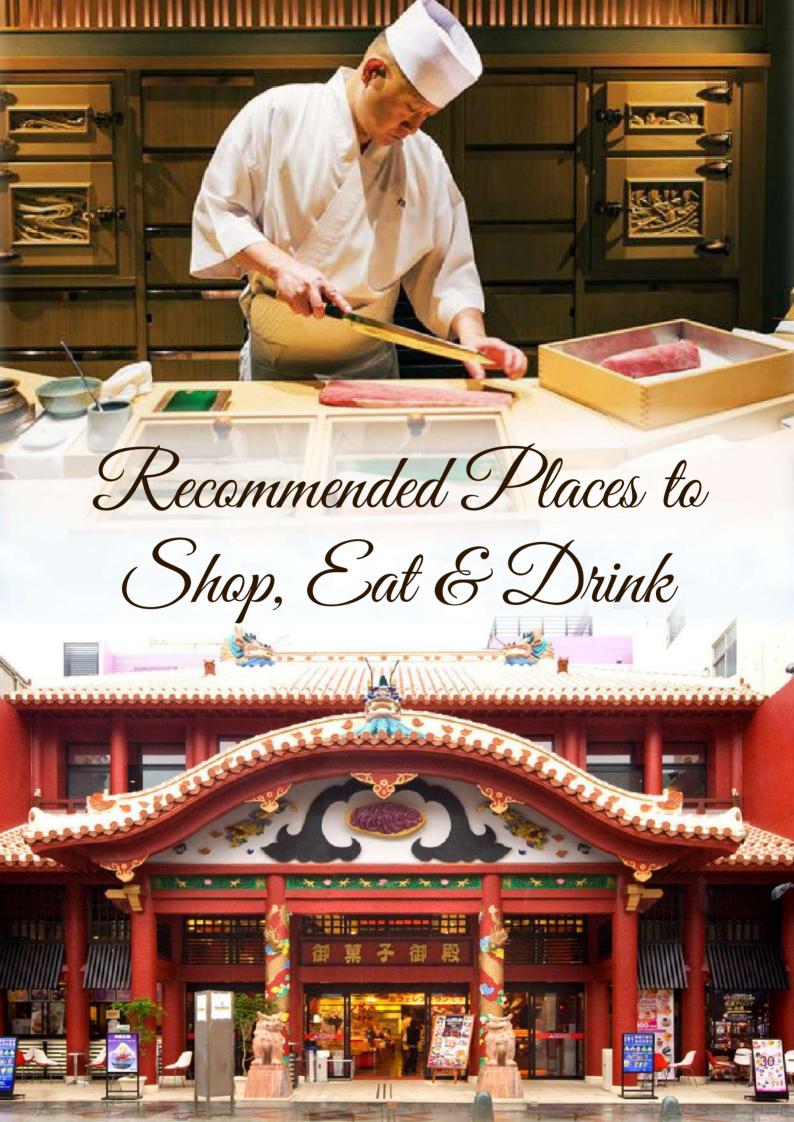
#### A once in a lifetime experience. **5-7 October 2023** Various contents are being planned, including learning activities, parties, etc.

Let's connect with EOs around the world in Okinawa. CLICK HERE TO JOIN "DO"

simultaneous holding ABF Okinawa 3-5 October 2023



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# **KYO GARDEN, HOTEL COLLECTIVE**

Address: 〒900-0014 Okinawa, Naha, Matsuo, 2 Chome-5-7 ホテルコレク ティブ 3階 Opening Hours: Daily (except Monday) 11:30am - 3pm & 5:30pm - 9:30pm Contact: +81988608834 Dress Code: Smart casual



Our chefs will bring authentic chinese cuisine right to your table. Each dish is crafted to bring out the unique flavors of each ingredient to both surprise and satisfy our guests. The stylish interior design of the restaurant radiates relaxation. A private room is also available for family celebrations or other important gatherings.

#### Heki

Address: 1 Chome-2-9 Matsuo, Naha, Okinawa 900-0014 Opening Hours: Daily 11am - 4pm & 5pm - 10pm Contact: +81989411129 Dress Code: Smart casual



Heki Teppanyaki Steak Restaurant stands out with an all-female staff. Teppanyaki, an interactive grilling style, delights customers as chefs skillfully cook on an iron plate before their eyes.

To ensure customer satisfaction, the service includes not only delicious food but also pleasant conversations, cheerful ambiance, and a welcoming atmosphere. Recognizing women's abilities in creating these delightful experiences, the restaurant proudly established a bold all-female chain.

# Kin Agu Shabu Shabu Ryukyu main building

Address: 900-0013 Okinawa, Naha, Makishi, 1 Chome-3-56 Opening Hours: Daily 5pm - 11pm Contact: +81989170090 Dress Code: Smart casual



Agu pork, Japan's answer to Wagyu beef, is known for its sweet tenderness. It hails from Okinawa, where it's sourced from black-haired pigs with a history dating back 600 years. Though once obscure beyond Okinawa, it's now a sought-after delicacy in high-end Japanese restaurants. Agu pork shines in dishes like shabu-shabu, melting in your mouth and infusing the broth with rich flavor. Yakiniku grilling caramelizes its surface while preserving its tenderness. Besides its taste, it's low in cholesterol and high in collagen, offering health benefits. While pure-blooded Aguu pigs are rare due to crossbreeding, Agu pork remains a prized ingredient in Japanese cuisine.



Address: 3 Chome-3-3 Kumoji, Naha, Okinawa 900-0015 Opening Hours: Daily (except Sunday) 12pm - 2.30pm & 5.30pm - 9.30pm Contact: +81988673765 Dress Code: Casual



Yunangi, an Okinawan izakaya, offers a unique dining experience with a focus on local cuisine. The relaxed atmosphere is ideal for enjoying flavorful dishes and drinks with loved ones. Whether it's a quick bite or a leisurely evening, Yunangi is the go-to for Okinawan cuisine in a warm and welcoming setting, making it a culinary gem in Okinawa.

# Ichiran

Address: 〒900-0013 Okinawa, Naha, Makishi, 1 Chome-2-24 琉 球セントラルビル B1 Opening Hours: Daily 10.30am - 10pm Contact: +81988611101 Dress Code: Casual



ICHIRAN's menu is focused only on tonkotsu ramen.

Ramen is available in various types such as shoyu, salt, and miso ramen. There are also an endless variety of soup bases from chicken to seafood. Our craftsmen have the skills to make all kinds of ramen soup, but we focus our efforts into making the perfect bowl of tonkotsu ramen. A team of over 40 craftsmen devote their passion to continuously study tonkotsu ramen day and night. As experts in tonkotsu ramen, ICHIRAN will continue to pursue the perfect bowl.

※当店の「天然とんこつラーメン」は、豚の骨から抽出されたスープだけを使用したとんこつラーメンです。The "Classic" in our name indicates the all-natural ingredients we use in our ramen. We do not use any artificial flavorings such as instant pork bone extract or other similar ingredients.

# Mutsumibashi Kadoya

Address: 1 Chome-3-49 Makishi, Naha, Okinawa 900-0013 Opening Hours: Daily (except Tuesday) 11am - 5pm Contact: +81988686286 Dress Code: Casual



Nestled near the bustling "Mutsumibashi" intersection is a delightful Okinawa soba shop run by a welcoming elderly couple. We savored the "三枚肉そば" (three-layered pork soba) and "ソーキそば" (pork rib soba), bursting with flavor. Don't forget to try the "pipaatsu spice" (ground long pepper) on the table for a zesty twist – a local favorite.

This spot provides an escape from Kokusai-dori's hustle. The soba is mildly seasoned, complementing the rich meat and pork bone-based soup perfectly. While portions may seem small, the thick, chewy noodles hit the spot. And if you're still hungry, an extra serving is only 100 yen!

I also sampled Okinawan "koregusu" seasoning – it's tangy and spicy, but go easy on it. Despite its affordability, this place offers an authentic and cherished local experience!

## Okashigoten Kokusai Street Matsuo Branch

Address: 1 Chome-2-5 Matsuo, Naha, Okinawa 900-0014 Opening Hours: Daily 9am - 10pm Contact: +81988620334 Dress Code: Casual



Standing on the west side of Kokusai-dori, the main street in Naha, Okinawa Prefecture, Okashi Goten Kokusai-dori Matsuo is a building that makes you feel as if you have slipped back in time to the Ryukyu dynasty.

When you enter the store, various sweets are lined up and a factory is attached. There is also a cafe inside the store, so you can use it for tea time and meals when you stroll through Kokusai Street.

# **Okinawaya Main Store**

Address: 1〒900-0013 Okinawa, Naha, Makishi, 1 Chome-2-31 ハイサイおきなわビル 1階 Opening Hours: Daily 9.30am - 10pm Contact: +81988607848

**Dress Code: Casual** 



Okinawa-ya resembles a department store, offering Okinawan souvenirs and a wide range of products, including awamori liquor, affordable candies, and unique Okinawan character merchandise. The main Okinawa-ya store is a spacious shop where you can shop at your own pace, enjoying a leisurely shopping experience.

沖縄へのご参加、心よりお待ちしております! We look forward to welcoming you to Okinawa



ASIA BRIDGE FORUM 2.U-The Next STAGE in collaboration with







)) Okinawa