

How Simple Can Win

Simplicity is the key to
brilliance.

Bruce Lee



SIMPLE IS NOT...

LAZY...

It is focused and efficient.

EASY...

It requires lots of hard work and difficult decisions.

DUMBED-DOWN...

It leads to freedom, understanding, and creativity.

LIMITING...

It focuses on what matters most.

TWO SIMPLE QUESTIONS:

What can you
be good at?

What wins
baseball games?

MAGIC IS MADE IN THE MIDDLE

SIMPLE STANDARDS

- 1** Work Hard.
(Nobody cares what you did yesterday.)
- 2** Be a good teammate.
(Give credit. Take responsibility.)
- 3** Don't embarrass the program.
(On or off the field.)





SIMPLE COACHING APPROACH

1

Talk less. Do more.

Keep your memory short and your postgame speeches shorter.

2

Get buy-in every day.

Always assume you have to convince them and build them again.

3

Let your assistants coach.

Train them if you to but give away responsibility.



SIMPLE OFFENSE:

Get the next 90 feet

1

Do your job.

2

Be aggressive.

3

Do what we do well.



SIMPLE DEFENSE:

Take Care of the Ball

Infield:

Just make the play.

Outfield:

Stop the runner with the ball.

Catching:

Receive, block, throw.

SIMPLE PITCHING

1. THROW STRIKES

2. WORK FAST

3. BE UNBOTHERED



4:05	Move	All	Turf
4:15	Bunt School Baserunning School (6 min/station)	All	Stations (See Below)
4:50	Catch Play & Pos D	All	Field
5:30	Hit	FR/SO	Cages

Simple Practice Planning

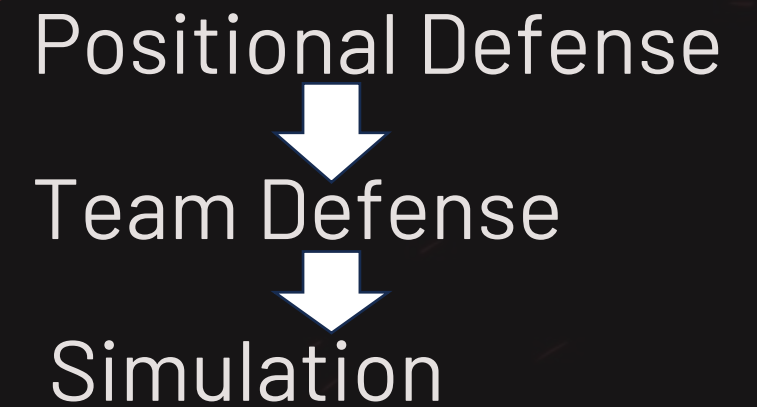
Prioritize

- Decide what's important.
- Write it down.
- Do it every day.

Get Creative

- Equipment.
- Drills.
- Fun.

Stack Skills



Sample Practice Plan

10

Mind/Move

30

Bunt &
Baserunning
School

30

Positional
Defense

30

Team Defense

45

Hit

45

Play/Simulate

A group of baseball players in red jerseys and caps are celebrating on a field. One player in the center is shouting with his mouth wide open. The background shows a blurred crowd of spectators in bleachers.

GO MAKE IT SIMPLE

WHAT CAN WE BE GOOD AT?
WHAT WINS BASEBALL GAMES?

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