## Pre-Conference Course: Point of Care Ultrasound Essentials Prereading

Please **review** either the **articles** or **videos** listed below to prepare for the conference's hands-on training.

The comprehensive lectures are optional.

Additionally, please **fill** out this <u>pre-conference survey</u>.

We look forward to meeting everyone on Sep 5, 2024 at 1pm!

Location: Third Floor, Whale and Seals Room

Sea Side Hotel & Spa

Swakopmund

- Drs. Rachel Shing, Sithembile Mtombeni, Niel Van Hoving, Vivian Li



Download

This free app for good examples of ultrasound images!

Android iOS

## Introduction to Ultrasound

Article

Video (4.5 minutes)

| Extended Focused Assessment with Sonography in Trauma (eFAST) | Lung                               | Cardiac   | Deep Venous<br>Thrombosis          |
|---|------------------------------------|---|------------------------------------|
| <u>Article</u>  | Article (skip the BLUE protocol)   | <u>Article</u>                                      | <u>Article</u>                     |
|   | ☐ <u>Video</u><br>(9 minutes)      | ☐ <u>Video</u> (9<br>minutes)                       | ☐ <u>Video</u><br>(5 minutes)      |
| Comprehensive lecture (20 minutes)                            | Comprehensive lecture (18 minutes) | Comprehensive lecture  part 1, part 2  (54 minutes) | Comprehensive lecture (11 minutes) |