

Sunway Medical Centre, MABC & MNZCC Live Webinar:

"Good Health, Good Food @ Home Recipes"

Friday, 24 April 2020 | 11.00am - 12.00pm (Malaysia Time)

Poorly nourished individuals are at a greater risk of various bacterial, viral and other infections.

No one food or supplement can prevent illness, but you may help support your immune system by including high-quality sources of protein, fat and carbohydrate, as well as adequate amounts of vitamins and minerals from a healthy diet.

Our Guest Dietitian will share the key nutrients to support immune function and simple way of preparing healthy meal when you "Stay At Home".



Our Distinguished Speaker

Ms Saw Bee Suan

Dietetics Assistant Manager
Sunway Medical Centre
B Health Sc. (Hons) Dietetics, University Science Malaysia
Member of Malaysian Dietitians' Association

Bee Suan received her credential in dietetics from University Science Malaysia. She is the member of Malaysian Dietitians' Association (MDA).

In her current role as Assistant Dietetics Manager, she establish, monitor and review the standard of dietetics practice guidelines and related protocols at Sunway Medical Centre and ensure compliance by all Sunway Medical Centre dietitians and other dietetics staffs.

She is a practising dietitian as well who involves in nutrition support, medical nutrition therapy or provides diet counselling, to all age groups from children to elderly, with different health issues and diseases. She is also a public speakers for corporate companies and communities, panelist for local magazines and radio station.

Bee Suan's special interest is in managing patients in critical care, cancer and surgery.

SUNWAY
MEDICAL CENTRE



Date: Friday, 24 April 2020
Time: 11.00am (Malaysia Time)
Platform: Cisco WebEx

Early registration is recommended due to limited capacity.