



# Wellness Staycation

Embark on a transformative journey where your body and soul are nurtured with exquisite cuisine, rejuvenating sleep, invigorating exercise, and immune-boosting therapies, while you cherish your stay in our renowned 74 sqm Wellness Suite, featuring distinct living and sleeping spaces and elevated by exclusive privileges from BDMS Wellness Clinic and Be Well SPA - it's time to indulge in a vacation that renews your well-being.

**THB 7,700++ per person per night**

**THB 10,400++ for two persons per night**

## Inclusive of these benefits:

- One night stay in a Wellness Suite includes a healthy breakfast
- Curated wellness amenities in room (Pillow menus, iHome light and sound therapy, "ME Time" meditation and stretching items)
- Club benefits
- Guarantee early check-in at 11:00 am and late check-out at 2:00 pm
- Private consultation with Preventive Medicine Doctor
- One Wellness Body Compositions Analysis
- Access to fitness facilities, swimming pool and wellness facilities
- One-hour personal training at Fitness
- One Thermal and Ice room experiences at Be Well Spa
- One Dry Floatation experience at Be Well Spa
- 60-minute personalized wellness massage at Be Well Spa
- 20% discount on food & beverage from A la carte menu at Nourish (exclude alcohol)

## Mövenpick BDMS Wellness Resort Bangkok

2 Wireless Rd. Lumpini Patumwan | 10330 | Bangkok | Thailand

T. +66 2 666 3333 | E. [movenpick.bdms.spa@movenpick.com](mailto:movenpick.bdms.spa@movenpick.com)

[f](#) MovenpickBDMSBangkok [globe](#) [www.movenpickbdmsbangkok.com](http://www.movenpickbdmsbangkok.com)

[i](#) movenpickbdmsbangkok [whatsapp](#) @movenpickbdms



## Terms & Conditions:

- This promotion is valid for booking and stay until 30 November 2023
- The prices are subject to 10% service charge and 7% government tax.
- This promotion cannot be used in conjunction with other promotions, discounts, or vouchers.
- Advance reservation is highly recommended.
- Hotel reserves the right to amend or modify the terms and conditions without prior notice.

---

# Be Well SPA

---